



TEEN SUMMIT **RVA**

March 18, 2023

Speaker & Session Information

Opening / Closing

Micah “Bam-Bamm” White

Wherever Micah White goes, his enthusiasm and energy are contagious. During his more than 25 years in the entertainment industry, he has worked as a stand-up comedian, host, keynote speaker, and philanthropist. White's abilities have led to him performing for a variety of corporations, non-profit organizations, and colleges, doing everything from stand-up comedy to hosting and delivering the commencement address. Despite his enormous success, he has remained deeply rooted in Virginia and is the founder of RVA Has Talent, an organization that fosters collaborations between regional artists and nonprofit organizations in the Greater Richmond region.



Off the stage, he cares deeply about his community. White has spoken at TEDxRVA and worked with businesses to address issues of inclusion, growth, and diversity. He worked with the Boys and Girls Club as a coach and mentor. White also served as the girls' volleyball team's head coach at James River High School.

White's goal in all of his endeavors is to use humor and entertainment to find common ground across racial, religious, socioeconomic, and generational divides.

Art and Impact & Art Exhibition

Mending Walls is a public art project that brings together public artists from different cultures and backgrounds to create murals that address where we are now in society and how we can move forward through understanding and collaboration. Mending Walls pairs up artists of different backgrounds to create unique connections and give them an opportunity to tell their stories collaboratively in an effort to express healing through connection. This session will explore bringing about healing through public art.

Hamilton Glass

Hamilton Glass' career as an artist stems from his architecture and design background. Despite working in the architecture field for 7 years, his passion for public art pushed me to start a career as an artist. Public art has always been a big influence and inspiration to Hamilton, because of its power to influence and inspire the surrounding community. With every opportunity Hamilton is given to create, he tries to convey a message that connects his art to the community. Using his background in architecture, he creates images that reference architectural drafting practices, which are represented in the sharp lines, scale, and balance of the piece. The bright colors and unpredictable lines and shapes are used to convey energy and movement in each piece.



Hamilton's work isn't just a singular canvas, print, or mural. One of the things he enjoys most is creating multi-layered projects that amplify many voices. In 2020, Hamilton founded two large projects, Mending Walls and All In Together, which were created to address the civil unrest and pandemic raging in our country. This was a way for Hamilton to process current events and share that opportunity for expression with others through art. Hamilton is always looking to use his art as an inspiration and healing tool in the community, as well as being a great example of a working black artist.

Matt Lively

Matt Lively earned a BFA in Sculpture from VCU in 1993 and has exhibited nationally and internationally in numerous solo, juried and group exhibitions. Having taught at VCU and the Virginia Museum Studio School, he currently operates his own classes "Painting Outside with Matt Lively". Lively is on the board of 1708 Gallery, co-founder of the award winning collaborative environmental sculpture duo, Lively/Harper, is a contributing founding member of Ink Tank Lab, serves as Art Director of short independent films, contributing artist for documentary films, serves as organizer of community projects and involved with several, including Mending Walls and Artists of Hope. Matt Lively's work is in collections in the U.S, Canada, Europe, Australia and China and was a recipient of the Theresa Pollak Prize for Excellence in the Arts.



Big Dreams / Road Map to Life

This session will facilitate a panel discussion with Pro Athletes as they share insight into their lives and challenges. This session will look to take the student into what helped these athletes beat the odds and become part of the small percentage. Q&A What are your dreams? What fears are surrounding your dreams? What are the steps to achieve those dreams? How do you enjoy the journey, the process, and the ups and downs?

Ken Oxendine

Raised in Chester, Virginia where he attended Thomas Dale High School and is a product of the CCPS school system. He was a Gatorade All-American in football and a multisport High School athlete. He achieved a scholarship for football to Virginia Tech and was later drafted as a running back with the Atlanta Falcons. In his rookie season with the Falcons, the team went on to appear in their first Super Bowl. He also played in the XFL for the Los Angeles Xtreme in the league's inaugural first season in 2001. The Xtreme won the championship in that season. Following his pro football career, Oxendine went back to get his Masters in Education; shortly after went on to the coaching world. He started at Duluth High School where he coached the first thousand yard rusher since George Rogers. Then moved on to Georgia Southern University, where he coached Teddy Craft who became the Eagles first ever pre-season All Socon wide receiver. He also coached Jason Foster, who eventually won the Walter Payton Award. Following Georgia Southern, Oxendine had the opportunity to coach with NFL Europe for the Cologne Centurions. In 2006, he went into Athletic Administration and created the athletic program, where he coached, taught and mentored at Notre Dame Academy; a private school in Duluth, GA that specializes in IB World Education. In 2019, Oxendine moved back to Chester where he currently runs his non-profit, Box Sports Group 501c(3) and works directly with CCPS.



Doug Chatman

Mike Robinson

Kelli Well

Calm Room

Mindfully Safe Space

Career, Jobs or Work: What Gets Your AIDA (Attention, Interest, Desire, Action)

Are you tired of answering the questions what do you want to do next what are your career plans or where do you see yourself in 5 years? Well, this session WILL not ask you that, instead it will focus on what you want employers to know about this generation. We will build a list of what gets your attention, draws your interest meets your desires, and make you take action in your careers, jobs, and work!

Lerone Joseph

Dr. Lerone Joseph is the Program Manager for the Mayor's Youth Academy (MYA) with the City of Richmond's Office of Community Wealth Building. MYA is the youth-serving unit of the Office of Community Wealth Building, the goal is to develop Richmond's future workforce with hopes of supporting access to quality employment and related supports that help address barriers that lead to poverty in the city of Richmond. Dr. Joseph has over 10 years of progressive experience in young adult development and higher education. His industry experience includes teaching, higher education, community engagement, and career development. He has worked on many initiatives that support Black male education, career development, and community action. His commitment to education and excellence was recognized in 2013 by Winston Salem State University and again in 2017 by Auburn University's President with Excellence Award. Dr. Joseph completed his Ph.D. in Higher Education Leadership in 2021 with his research focused on the leadership of African American males in higher education settings.



Lerone is originally from New York City by way of the Caribbean. He received his Bachelor's Degree from the University of Albany and his Master of Justice Administration and Public Policy from the University of New Haven. Dr. Joseph is also a certified MBTI and Work Place Excellence facilitator. Lerone is no stranger to hard work and credits his passion for enhancing youth's possibilities in marginalized communities to the personal experiences he has endured and the professional opportunities he has been afforded.

Changing the World

This panel session will explore how students can be involved and make an impact in their community through community service, service learning initiatives, and other programs. Students will be asked the following questions: What does changing the world look like to you? What activities are you currently involved in that you feel are impactful? What would you like to be involved in that you currently are not? what do you need from adults to have you make and impact?

Sydney Edwards (moderator) + a panel of 3 regional high school students

Coming to “America”: Understanding the Experience of Newcomers to the United States

This session will include a combination of interaction/engagement, information sharing, and conversation. The key learning outcomes will be building empathy for those immigrating to the US, making the connection between what is happening globally to what is happening locally, sharing information about the process of resettlement, and providing a call to action

for how youth can get involved.

Kate Ayres

Kate joined ReEstablish Richmond in 2013, motivated by her participation in the “Just Faith” program, a class focusing on social justice issues around the world. She previously worked as a special education teacher and department chair in Hanover County for 11 years, while also serving as a volunteer mentor for refugees in the Richmond community. Kate is currently the Chair of the Office of New Americans Advisory Board, and her dedicated efforts continue to build a supportive, trustworthy community for refugees and new immigrants living in Richmond.



Juan Santacoloma

Veronica Reid

Elvira De la Cruz

Conflict Resolution

This session will ask students about their experiences of de-escalating situations and restorative practices in school, at home, and in their community. The student will be given tools to use to face challenging conversations and situations.

Bob Garrity

A former school teacher, Bob Garrity has provided services and training in mediation, facilitation, restorative practices, cultural responsiveness, communication, problem solving, conflict resolution, bullying prevention, and planning for schools, universities, government, the armed forces, law enforcement, businesses, families, and community organizations since 1989.

- School services include restorative practices, mediation, group conflict resolution, bullying prevention, planning, and professional development.
- As a trainer Bob conducts workshops and program development in restorative practices, restorative mediation, as well as customized training for school staff in building, maintaining, and restoring positive relationships in school.
- He has worked with over 50 school divisions.



- Bob teaches the Restorative Justice in Education Principles and Practices for Schools course for the Eastern Mennonite University Department of Education's Restorative Justice in Education Certificate program, for both the Harrisonburg, VA and Lancaster, PA campuses.
- He is also a presenter for the annual Restorative Justice in Education Conference held at Eastern Mennonite University in June.

Bob earned a B.A. in Government and Elementary Education from the College of William and Mary, an M.A. in Foreign Affairs and an M.Ed. in Social Foundations of Education from the University of Virginia.

Prior to working as a mediator, facilitator, trainer, and consultant, Bob served as a public school teacher in elementary and high schools in Virginia and Japan.

Exploring Race and Relational Aggression

Beginning with the roots of prejudice and relational aggression, this interactive presentation demonstrates behavioral progression from thoughts, to words, to actions. Using audience participation and real-life examples, this workshop on Race and Relational Aggression asks participants to consider the ways in which racial prejudice stands in the way of creating inclusive communities.

Alejandro Prince

Alejandro Prince is an Educational Programs Coordinator at the Virginia Center for Inclusive Communities (VCIC), an organization that works with schools, businesses, and communities to achieve success through inclusion. In his role, Alejandro designs, coordinates, and facilitates programs, events, and conferences on diversity, equity, and inclusion primarily for educators and students across the Commonwealth.

Prior to joining VCIC, Alejandro worked with a Community Action Agency delivering programs centered on violence prevention, trauma-informed education, healthy relationships, and college and career readiness for youth. His research and experience with curricula development center on the connections of moral philosophy, racial justice, gender & sexuality, history, and psychology. He is especially interested in the role that educators play in positive human development for peaceful communities and just societies.

In the community, Alejandro serves on the Governing Body of the Virginia Sexual and Domestic Violence Action Alliance. Before moving to Virginia, he earned his Bachelor's degree in Biblical Studies from Azusa Pacific University and his Master's in Theological Studies with a Certificate in African American and Diaspora Studies from Vanderbilt University.



Keeping Your School Safe: What's Being Done and Where Can We Improve

The session will provide an overview of how the state assists schools with their safety efforts. The session will also provide an interactive student Q and A session (utilizing Mentimeter) sharing their perceptions of school safety and enlist students to share how they believe school safety can be improved in our region.

Brad Stang

Threat Assessment Program Coordinator, Virginia Center for School and Campus Safety

Brad Stang serves as the Threat Assessment Program Coordinator for the DCJS' Virginia Center for School and Campus Safety and leads all facets of the program. He has served in this role since 2019. Prior to joining VCSCS, he spent 22 years in public education, 10 as a middle school social studies teacher and 12 as an administrator. Brad spent his last five years in education as a middle school principal. Throughout his career as an educator, he served on and led both Crisis Management and Threat Assessment Teams. He received his B.S. in Secondary Social Studies Education from the University of Central Florida as well an M. Ed. in Educational Leadership from Virginia Commonwealth University.



LGBTQIA+ Advocacy

This panel session will include an open discussion along with time for a brief Q & A about supporting and allyship of members of or friends of the LBGQTQIA+ community. Participants will learn about safe spaces in schools, ways to become an ally or advocate, and how to find local and national resources.

Patrick Held

Chesterfield County Public Schools, the Department of Communications and Community Engagement, Office of Family and Community Engagement. Dr. Held previously served the school district as a middle school principal for four years, high school assistant principal for five years, a secondary school dean of students for two years, and taught theatre arts and communications for 8 years. Dr. Held serves as an adjunct professor for Virginia Commonwealth University and Averett University. Other administrative posts have been at the Jamestown Yorktown Foundation and The Richmond Theatre Company for Children. Dr. Held has experience providing educational opportunities in fostering community partnerships; funding requests and grant development; volunteer coordinating, and several other “soft skills” training opportunities including presentation skills and voice and diction. He has led professional development sessions on topics



ranging from LGBTQIA Youth support to Leadership Skill Development. He enjoys sharing his knowledge and experiences to assist learners in their educational and life journeys.

Julia Marshal

In her day job Julia Marshal is the Senior Brand Manager for Altria International Sales. In her gay jobs, she was the founding vice chair and then chair of Mosaic, Altria's LGBTQ+ employee resource group. Under her leadership Mosaic shifted Altria's culture from one where LGBTQ+ employees scored 40 on feeling like they could be themselves at work to one in which they scored 74, on par with non-LGBTQ+ employees. She lives with her wife in Chesterfield County Virginia and they have three Gen Z daughters all of whom are currently in college.



James Millner

James Millner is a Program Director of Diversity Richmond where he leads the organization's Virginia Pride program as part of a senior management team. He is a recognized leader in the Richmond Region's LGBTQ community and has strong relationships with non-profit organizations, media, business leaders, civic leaders, and community advocates and activists. In addition to his advocacy and community work, under his leadership, Virginia Pride produces an annual Pridefest attracting more than 40,000 attendees making it one of the largest and most visible events in the region. He is a passionate racial and social justice advocate and who often speaks to local and national corporations, professional associations and other organizations about the importance of diversity, equity and inclusion. He regularly appears in the news media as an expert on issues affecting the LGBTQ and allied communities.



James has a background in both corporate and non-profit communications, having held senior-level positions in global PR agencies representing large government agencies and Fortune 50 companies.

James lives in Henrico County, Virginia with his fiancé, Richard.

Drew Newton

Drew Newton (he/him/his) is a proud Virginian and the current Director of Advocacy and Education at the Side by Side LGBTQ+ Youth Center in Richmond. A native of Southside Virginia, Drew graduated from Prince Edward County High School (Farmville) and then completed his Bachelor of Arts in English and Secondary Education at James Madison University (Harrisonburg). He later graduated with a Master of Education degree in Higher Education Administration from the University of South Carolina. Drew brings to the table experience in K-12 (as a former middle school English teacher) and higher education (as a former administrator strengthening programs for transfer students and founding director of new advising centers and technologies). At the University of South Carolina, Drew led all Safe Zone Ally trainings and initiatives for the university. He also partnered with student government leaders, senior administration, and community partners to launch a new LGBTQ Programs and Services unit at USC in addition to leading the creation of the university's "It Gets Better" video. In his role at Side by Side, Drew and his team help schools start and strengthen their GSAs (Gender and Sexuality Alliances). They also provide training and professional development on LGBTQ+ inclusivity for schools, nonprofits, government agencies, and corporations. Drew also partners with other LGBTQ+ organizations to advocate for inclusive spaces and policies for youth. Outside of work and service, Drew is a nerd at heart, engaging in politics, exploring historical sites, visiting new cities/towns, and learning all about the presidents.



Samm Wilkenson

Samm Wilkenson (she/her) is an Instructional Designer at Bailey Bridge Middle School, where she has worked for over ten years. During her educational career, she has taught Theatre, English, and Social Studies and has experience with every grade level K-12. While in grad school, she started her advocacy work as a volunteer with the Cincinnati chapter of GLSEN (Gay Lesbian and Straight Education Network). In the last three years, she has co-created and implemented a Safe Space Training for teachers, so they have the tools to support students when they come out and to advocate for their needs. Along with this training, she helped co-create a Safe Space badge that teachers display in their classrooms and has facilitated panel discussions with other Equity leaders in CCPS to bring awareness to other schools in the county. Last year, she helped students start up a brand-new diversity club at her school. Growing up with many friends on the LGBTQIA+ spectrum, being a part of Richmond's vibrant queer community herself, and having a passion for working with students has fueled her advocacy for LGBTQIA+ youth over the last twenty years. Every person should feel empowered to live as their authentic selves and Samm is excited to be a part of this summit.



Mental Health Matters

The prevalence of mental health concerns has risen globally since the beginning of the COVID-19 pandemic, increasing the likelihood of knowing someone who is experiencing symptoms of anxiety, depression, self-harm, or thoughts of suicide. In this educational and interactive workshop, teens will learn about common mental health concerns that affect young people, actions steps to help support a friend, and the importance of self-care.

Rebecca Lint

Rebecca Lint, MSW received her master's degree in social work from Virginia Commonwealth University. She has been a Prevention Specialist with Chesterfield County Mental Health Prevention Services for seven years. In her role, she promotes mental health wellness for children, teens, and their families. She also provides a large variety of education and skill building to youth and adults to help prevent suicide, violence, and substance abuse in her community. She has a passion for working with teens to help them understand common mental health concerns, as well as creating healthy relationships with peers. When not working, Rebecca enjoys baking, cross stitching, and spending quality time with her husband and their cat, Freckles.



Photography to Life

In this session, students will explore how to use photography as a form of self-care and how to connect with others through photography. With the right mindset and a little encouragement, anyone can start using a camera — be it a smartphone, Instax, or high-end DSLR — to tap into the wellness benefits of creativity. Once you get the hang of taking intentional photos, you can go deeper with photography as a tool for self-exploration and expression. This session will include images of photography that evokes emotion, youth encouragement, an interactive activity, and a Q&A session.

Terrell Artis

Terrell Artis is a true son of Richmond, VA. He is a freelance photographer with a heavy focus on off-guard candid's. Not your average conventional photographer, as he prides himself for looking through the camera lens a bit differently. Passionate about photography, he looks forward to teaching anyone who's willing to learn.



Courtney Jones

Courtney Jones is a Richmond, Virginia native and 2015 graduate of Virginia Union University. She is a self-taught freelance photographer that has a passion for visual storytelling and appreciates every opportunity to preserve memories for others in the form of a photograph.



Reach In, Reach Out: Connect to Protect

This session will tell the story of human connection, from the dual perspective of lived experience and neuroscience. After a 15 minute presentation, we will breakout for an interactive, 30 minute group activity centered on reaching into our own resilience, and reaching out to connecting with our peers.

Keith Cartwright

Keith Cartwright is the Adverse Childhood Experiences Coordinator for the Department of Behavioral Health and Developmental Services. In this role, Keith has led a movement that now has over 300 ACE Interface Master Trainers and Presenters across the state of Virginia. Since 2017, this group has educated over 16,000 Virginians on the impacts of positive and adverse childhood experiences on long term health and wellness. Keith also serves as the Alcohol and Drug Education Coordinator at Randolph-Macon College in Ashland, Virginia.



Marrin Scalone

Marrin Scalone is the Trauma-Informed Care Specialist for the Virginia Department of Behavioral Health & Developmental Services. She received her Bachelor's degree in Psychology from the College of William and Mary, where she first learned the importance of research and evidence-based practices to address mental health & wellbeing. Through integration of her clinical research within her role at DBHDS, Marrin's become devoted to understanding the intersection of mental health, prevention, and neuroscience.



Substance Abuse: Ending the Stigma

This session will kick off with a slideshow of Scott Zebrowski's background and what led to his addiction, educate the teens about drug use/dangers of Fentanyl, followed by interactive activity followed by Q+A and resources available discussion.

Jill Chichowicz

Jill Chichowicz, Creator and Founder of the nonprofit, 2 End The Stigma and A Night For Scott Fundraiser was born in Virginia, but moved around quite a bit due to her father being an Army Pilot. She received her Bachelor of Science degree in Public Relations with a minor in Marketing from Virginia Commonwealth University, then moved to Fort Bragg to become the “perfect Army wife” serving as FRG Leader and volunteering countless hours at each Post she moved to with her husband, Marc and 2 energetic boys Carter and Christian! They retired after serving 25 years and 5 long deployments, moving back to Richmond was important to be around Jill’s family once again. After losing her twin brother, Scott Zebrowski to Fentanyl poisoning on February 28, 2017, she created her annual fundraiser to benefit those struggling with substance use disorder (SUD) and ending the stigma associated with the disease of addiction to normalize the need for help. Her fundraiser has been voted The Best Charity Event in Richmond (2019, 2020) and First runner-up (2021, 2022). Due to that success, she began 2ETS Community Day as well as the annual Fairways For Scott golf tournament. Jill does national public speaking on addiction, has written for Blogs, Podcasts and partners with local recovery organizations such as Rams in Recovery, Chesterfield Recovery Academy, CARITAS and Real Life Community Center to volunteering at local Food Banks in addition to serving on multiple boards in her Community. Jill continues to advocate for those voices no longer heard and for those battling today as a way of channeling her grief in honor of her twin brother that she loved so much. In her downtime, she loves spending time with her boys and hoping that her work will make an impact on them-she is blessed with so much support from her doting husband and community.



Chelsea Curtis

Libbie Roberts

Telling my Story

This session will include the events of the life of Zenobia Bey in hopes to inspire, empower and provide an example to teens that they can accomplish whatever they put their minds to. The session will remind them that they do not have to be a product of their environment despite experiencing patterns of violence and impacts of living in the City of Richmond in the '80s and 90's when it was the #Number Capital in the Nation. It will allow them to learn how to turn their pain into power and the importance of knowing how to tap into their higher self to be the best human they can be.

Zenobia Bey

ZBey the Poet is a writer and spoken word hip-hop artist based in Richmond, VA. Along with music, basketball, and uplifting people to be the best version of themselves, she pursues her passion as an educator, mentor, and community advocate. This project is tapping into the core of herself to identify who Zenobia is to be able to help others. Through her art and community engagement with various organizations throughout the Richmond area she seeks to impact a community and nation of people. In 2012 she founded the grassroots non-profit community 50/50.



The Culture

This panel session will explore youth perspectives on social media, music, movies, and gaming and how it is affecting themselves and their peers. Students will be asked the following questions: What do you watch/ consume? How do these things affect the culture? How does it influence your generation? How can adults better support you? What is your personal culture/ what types of things do you subscribe to/ what content speaks to you? What activities are you involved in at home, in the community, or at school?

Kelli Lemon (moderator) + a panel of 3 regional high school students

Kelli Lemon is passionate about how people "LIVE" Richmond, Virginia. Through Like The Fruit LLC, Kelli socially connects people through food, sports, arts and education. Late 2018 she made her dream a reality and opened her social cafe, Urban Hang Suite, located in the historic Jackson Ward and Art's districts of Richmond.

On the weekends, Kelli is making Virginia residents a little richer while supporting public schools K-12 as the day time Draw Show Host for the Virginia Lottery. Kelli is also helping Black owned businesses as a co-founder of (Virginia) Richmond Black Restaurant Experience and the Jackson Ward Collective.



Most recently she is bringing community news to life through video content as Director of Digital Programming for Richmond Times Dispatch / Virginia Video Network. She is also the host of week day morning show "A1 Minute", afternoon series "8@4" and podcast "After The Monuments - A Real Talk About Race" on Richmond.com

Kelli can be seen hosting various major annual events around Richmond including the Richmond Jazz Festival, After Hours at The Virginia Museum Fine Arts and Controversy History at The Valentine Museum. She's also assisted in creating unique urban events in Central Virginia including RVA Pop Up Parties, Ready 2 Give Charity Events, The Art of Noise and HeART & Soul Fest.

Lastly, Kelli makes time to give back by serving on the Board of Directors for the Virginia Tourism Corporation, Studio Two Three, Sports Backers and JWC Foundation.

Kelli received her undergraduate degree in Sociology from UVA and her master's degree in Sports Management and Leadership from VCU.

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