



# TEEN SUMMIT **RVA**

# Who We Are

Teen Summit RVA is the first of its kind regional high school leadership summit designed to connect students, in a safe space, to speak out and have their voices heard.

Teen Summit RVA is a day designed to amplify youth voices against violence and address wellness. Students exchange ideas on leadership pathways for positive change in the Central Virginia region.

The event welcomes hundreds of diverse high school students who engaged in interactive experiences addressing various topics students selected mixed with the arts and entertainment – from gun violence and safety, drugs and mental health, culture, and equity in their school district and community.

These experiences range from thought provoking conversations led by experts in their field to art and spoken word as a means of expression. In addition, teens explored careers and summer job opportunities in the InspireYouth@Work Career and Resource Fair.

Teen Summit RVA gives teens insights into how to work in their community to improve their wellbeing and to challenge social norms. The event provides a model for an annual series of teens meeting to lift teen voices as they address issues concerning their generation.

# 2024 Theme

## I AM

This theme seeks to inspire, uplift, and celebrate the power of positive self-affirmation. In a world where self-doubt can cloud the dreams and aspirations of young minds, the summit aims to be a beacon of light guiding the attendee toward embracing their unique qualities, discovering their potential, and connecting with others to create a positive network.

Teen Summit RVA 2024 offers a transformative space where leadership, development, self-love and healing will take center stage!



# 2023 Theme

## OUR VOICES

This theme was for teens ages 14-19 to amplify their voices about the topics that matter to them. They were encouraged to exchange ideas to bring about positive change in the Richmond region.

Youth from Chesterfield, Henrico, and Richmond were given the opportunity to engage in interactive EXPERIENCES that address social issues that are impacting youth today - mixed with the arts and entertainment.

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