



**TEEN SUMMIT RVA**

# Who We Are

Teen Summit RVA is the first of its kind regional high school leadership summit designed to connect students, in a safe space, to speak out and have their voices heard.

Teen Summit RVA is a day designed to amplify youth voices against violence and address wellness. Students exchange ideas on leadership pathways for positive change in the Central Virginia region.

The event welcomes hundreds of diverse high school students who engaged in interactive experiences addressing various topics students selected mixed with the arts and entertainment – from gun violence and safety, drugs and mental health, culture, and equity in their school district and community.

These experiences range from thought provoking conversations led by experts in their field to art and spoken word as a means of expression. In addition, teens explored careers and summer job opportunities in the InspireYouth@Work Career and Resource Fair.

Teen Summit RVA gives teens insights into how to work in their community to improve their wellbeing and to challenge social norms. The event provides a model for an annual series of teens meeting to lift teen voices as they address issues concerning their generation.

## 2026 Theme

# ||| LIMITLESS |||

Unleashing Potential. Breaking Barriers. Discovering Purpose. This year's Teen Summit theme, "Limitless," celebrates the boundless energy, creativity, and potential within every young person. It's a call to action for teens to explore who they are, uncover their unique gifts, and boldly pursue new knowledge and experiences—without fear, without restrictions, and without limits.

At Teen Summit RVA 2026, students will be empowered to dream big, think freely, and challenge the boundaries that often hold them back. Through dynamic workshops, inspiring speakers, and hands-on activities, they'll gain the tools and confidence to grow as leaders, innovators, and changemakers in their communities.

This is more than a conference—it's a movement. A space where curiosity is encouraged, talents are nurtured, and every teen is seen, heard, and celebrated! When young minds are free to explore, there's no telling how far they'll go.





# 2025 Theme

## OUR VISION

“Our Vision” highlights the students’ desire for reaching their personal aspirations and creating a collective vision for the future. Students are aware of and need guidance for their individual ambitions and ideas for community collaboration.

“Our Vision” embodies this duality, reflecting on the personal dreams, strengths and uniqueness of each student while also celebrating the collective spirit of the region; highlighting the power of unity and how shared vision can foster support, resources, and opportunities for all. This theme was chosen because it resonates with their desire for a future where big dreams are achievable and there is a collective vision that is inclusive and sustainable.



# 2024 Theme

## ||| I AM |||

This theme seeks to inspire, uplift, and celebrate the power of positive self-affirmation. In a world where self-doubt can cloud the dreams and aspirations of young minds, the summit aims to be a beacon of light guiding the attendee toward embracing their unique qualities, discovering their potential, and connecting with others to create a positive network.

Teen Summit RVA 2024 offers a transformative space where leadership, development, self-love and healing will take center stage! In addition, teens will explore summer job opportunities in the InspireYouth@Work Career and Resource Fair.



# 2023 Theme

## OUR VOICES

This theme was for teens ages 14-19 to amplify their voices about the topics that matter to them. They were encouraged to exchange ideas to bring about positive change in the Richmond region.

Youth from Chesterfield, Henrico, and Richmond were given the opportunity to engage in interactive experiences that address social issues that are impacting youth today - mixed with the arts and entertainment.

These experiences ranged from thought provoking conversations led by experts in their field to art and spoken word as a means of expression. In addition, teens explored summer job opportunities in the InspireYouth@Work Career and Resource Fair.

